



January 2024 Activities Calendar



Monday, January 1, 2024

Week 1

CANCELLED

Tuesday, January 2, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Concert (Elina Garanca 1hr. 37min) **11am**

Easy Painting **1pm**

Scrabble **2pm**

Wednesday, January 3, 2024

Tai Chi / Chair Exercises **10am & 11am**

Writing Class **1pm**

Movie (Downtown Abbey 2hr) **2pm**

Thursday, January 4, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Documentary (Live to 100 / Blue Zones 1hr part 1) **11am**

Adult Coloring **1pm**

TV Show (Ugly Betty 1hr) **2pm**

Friday, January 5, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Biography (Clint Eastwood 1hr) **1pm**

Bingo **2pm**

TV Special (Cirque Du Soleil 1hr I) **3pm**



Monday, January 8, 2024

Week 2

Tai Chi / Chair Exercises **10am & 11am**

TV Show (Ugly Betty 1hr) **1pm**

Movie (Forgotten Love 2hr 20min) **2pm**

Tuesday, January 9, 2024

Tai Chi / Chair Exercises **10am**

Adult Coloring **1pm**

TV Biography (The Gilded Age 2hr) **2pm**

Vespers **4pm**

Wednesday, January 10, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Concert (Cirque Du Soleil 1hr II) **11am**

Movie (State Of Play 2hr) **2pm**

Thursday, January 11, 2024

Tai Chi / Chair Exercises **10am & 11am**

Writing Class **1pm**

Scrabble **2pm**

Friday, January 12, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Documentary (Live to 100 / Blue Zones 1hr part 1) **11am**

Easy Painting **1pm**

**Tea Party 2pm*

Monday, January 15, 2024

Week 3

CANCELLED

Tuesday, January 16, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Documentary (It Ain't Over 1hr. 39 min) **11am**

Adult Coloring **1pm** - Scrabble **2pm**

Wednesday, January 17, 2024

Tai Chi / Chair Exercises **10am & 11am**

Writing Class **1pm**

Classic Movie (That Touch Of Mink 1hr 36 min) **2pm**

Thursday, January 18, 2024

Tai Chi / Chair Exercises **10am & 11am**

Documentary (Tonya Tucker 1hr. 47 min) **1pm**

Bingo **3pm**

Friday, January 19, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Biography (Eleanor Roosevelt 44 min) **1pm**

Movie (Roped 1hr. 30 min) **2pm**



Monday, January 22, 2024

Week 4

Tai Chi / Chair Exercises **10am & 11am**

TV Show (Ugly Betty 1hr) **1pm**

Documentary (Seeing AIRED 1hr. 35 min) **2pm**

Tuesday, January 23, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Comedy (Leanne Morgan 1hr 1min) **1pm**

* *Community Meeting* **2pm**

Wednesday, January 24, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Documentary (Unknown 1hr) **11am**

Easy Pottery **1pm**

Scrabble **2pm**

Thursday, January 25, 2024

Tai Chi / Chair Exercises **10am & 11am**

Board Games **1pm**

TV Show (Ugly Betty 1hr) **2pm**

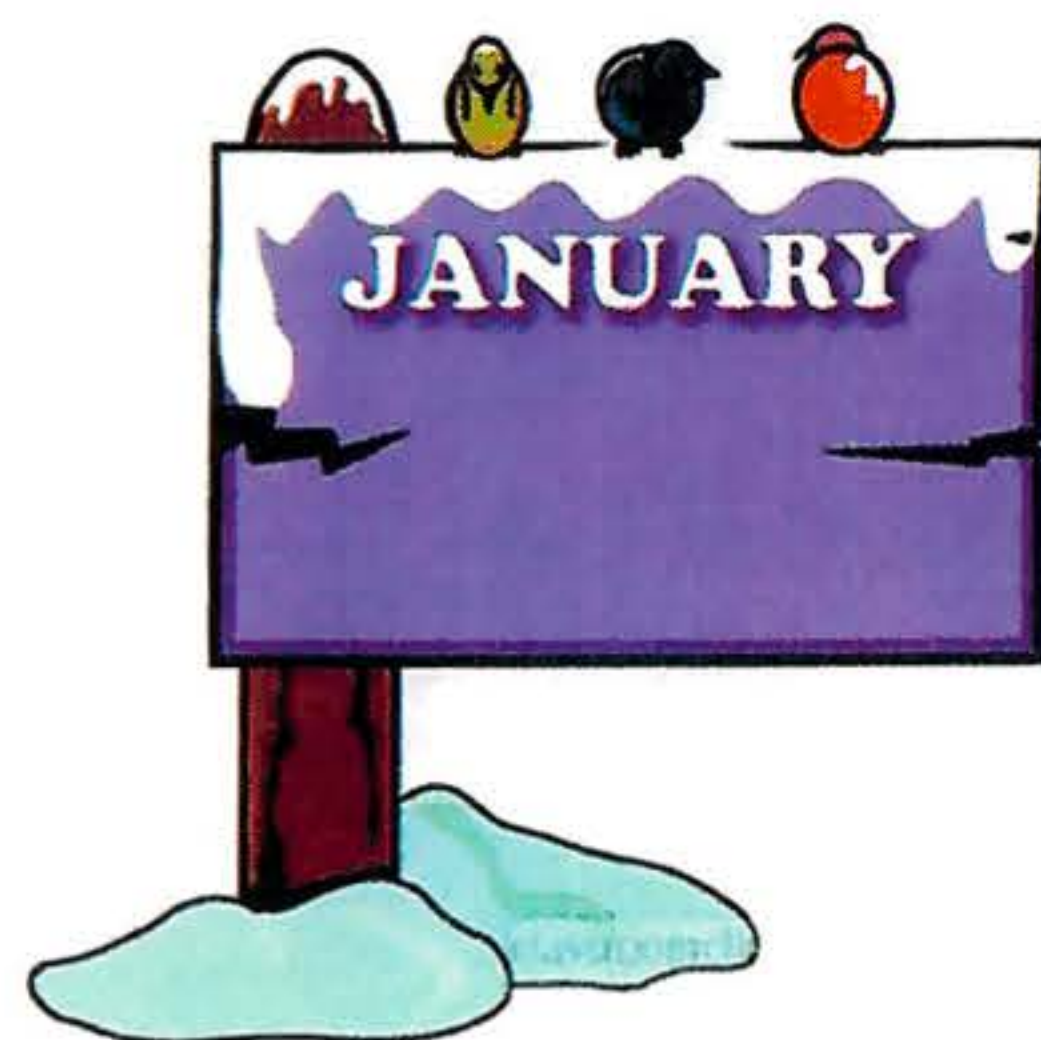
Painting **3pm**

Friday, January 26, 2024

Tai Chi / Chair Exercises **10am & 11am**

Cont. Education (Les Brown 52 min) **1pm**

* *Sugar Soft Pretzel* **2pm**



Monday, January 29, 2024

Week 5

Tai Chi / Chair Exercises **10am & 11am**

TV Show (Ugly Betty 1hr) **1pm**

Movie (Downsizing 2hr) **2pm**

Tuesday, January 30, 2024

Tai Chi / Chair Exercises **10am & 11am**

TV Biography (The Trump Family 1hr. 26 min) **11am**

TV Concert (Juan Diego & Opera 1hr. 41min) **1pm**

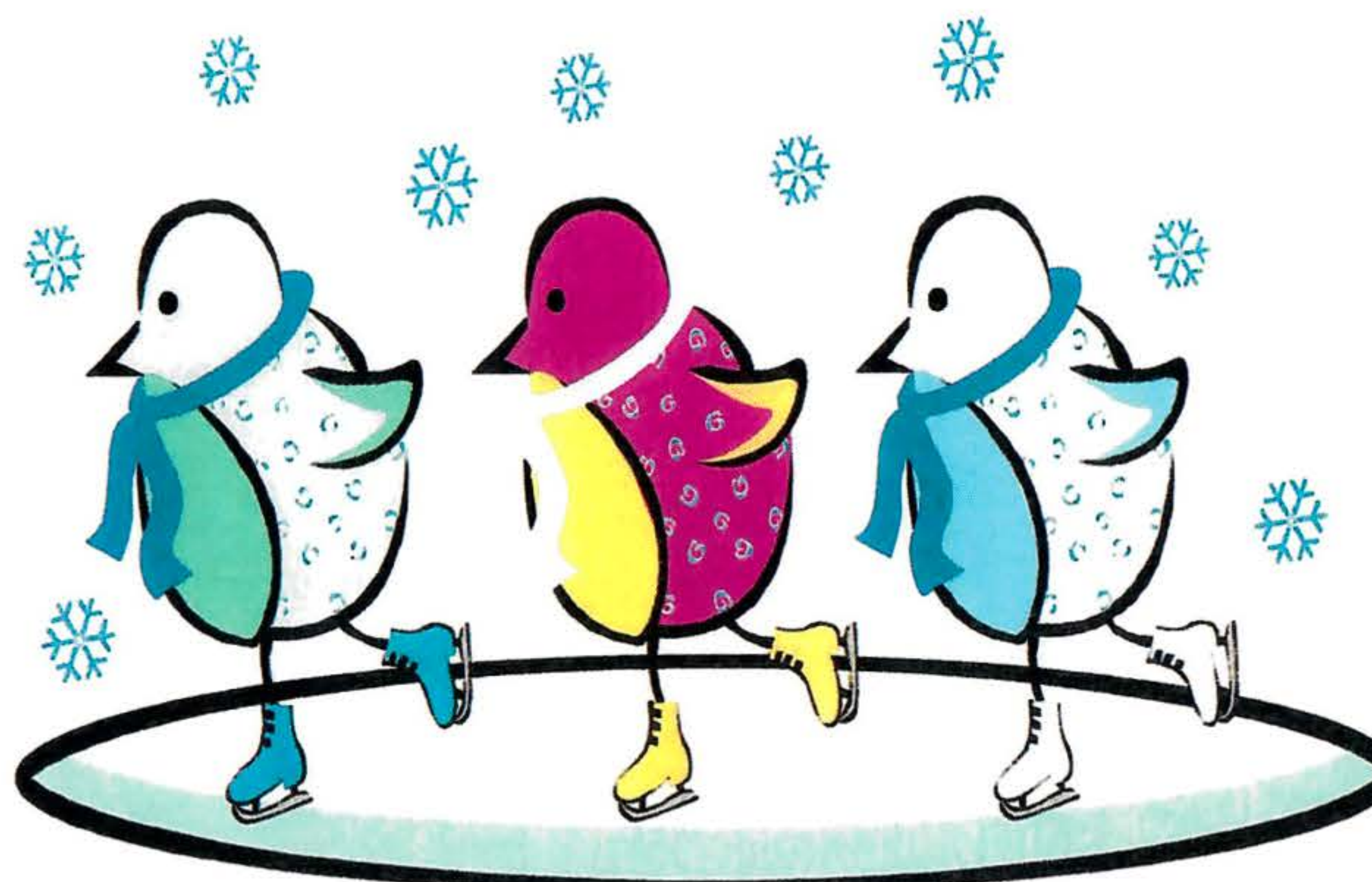
Easy Painting **2pm**

Wednesday, January 31, 2024

Tai Chi / Chair Exercises **10am & 11am**

Writing Class **1pm**

Movie (Harriet 2hr) **2pm**




HAPPY
NEW
YEAR!